



# March 2017 Elementary School Menu

## Breakfast & Lunch provided FREE-OF-CHARGE for ALL Students!!!

### Breakfast-in-the-Classroom Menu



Monday	Tuesday	Wednesday	Thursday	Friday	School News: Breakfast in the Classroom Every student receives a balanced and nutritious breakfast at the beginning of the school day in homeroom
Chicken Biscuit OR Cereal Bar & Yogurt Apple Sauce Cups Chilled 100% Juice/Milk	Sausage Biscuit OR Blueberry muffin & Cheese Stick Sliced Strawberry Cup Chilled 100% Juice/Milk	Mini-pancakes OR French Toast Orange Wedges Chilled 100% Juice/Milk	Breakfast Pizza OR Cereal Bar & Yogurt Pineapple Tidbits Chilled 100% Juice Milk	Pancake Pup OR Pop Tart & Cheese Stick Diced Peach Cup Chilled 100% Juice Milk	

SALAD BAR is available EVERYDAY for 4<sup>th</sup> & 5<sup>th</sup> Grade Students<sup>#</sup> Look for our Palmetto Pick of the month, Cabbage.

### LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
March 6	March 7	March 8	March 9	March 10
Crispy Chicken Sandwich Tony's Cheese Pizza Squares (V) Turkey Chef Salad Steamed Corn Roasted Broccoli Lettuce/Tomato/Pickles Apple Wedges* Diced Pears	Salisbury Steak w/ gravy Smart Mouth Cheese Pizza (V) Crispy Chicken Wrap Rice w/Gravy Green Beans Side Salad Loaded Potato Soup Fresh Oranges Slices Pineapple Tidbits	Cheeseburger Smart Mouth Pepperoni Pizza (P) Yogurt & Fruit Plate (V) Baked Beans Sweet Potato Fries Lettuce/Tomato/Pickle Loaded Potato Soup Grapes Applesauce	BBQ Baked Chicken w/Breadstick Chili Cheese Nachos Cobb Salad (P) Steamed Cabbage^ Maple Carrots Spinach Side Salad Loaded Potato Soup Fresh Pear Mandarin Oranges	Crispy Beef Tacos Smart Mouth Pepperoni Pizza(P) Turkey Sliders Pintos Beans Roasted Corn Side Salad Spiced Baked Apples Fresh Assorted Fruit Oatmeal Raisin Cookie
13	14	15	16	17 <i>Happy Saint Patrick's Day</i>
Chicken Nuggets w/ Breadstick Mini Corn Dogs Turkey Chef Salad Roasted Broccoli Seasoned Corn Side Salad Apple Wedges* Diced Pears	Grilled Cheese (V) Smart Mouth Cheese Pizza (V) Turkey Chef Wrap Sweet Potato Fries Green Beans Tomato and Cucumber Salad Chicken Tortilla Soup Fresh Oranges Slices Pineapple Tidbits	Chicken Fajita Nachos Smart Mouth Pepperoni Pizza (P) Fruit & Cheese Plate (V) Spanish Rice Pinto Beans Side Salad Chicken Tortilla Soup Grapes Applesauce	Hot Dog Cheeseburger Cobb Salad (P) Tater Tots Roasted Carrots Broccoli Florets w/Ranch Chicken Tortilla Soup Fresh Pear Mandarin Oranges	Sloppy Joe's Smart Mouth Cheese Pizza (V) Turkey Sliders Baked Beans Green Peas Cole Slaw^ Green Applesauce Fresh Assorted Fruit Sugar Cookie w/ Green Sprinkles
20	21	22	23	24
Carolina BBQ Sandwich (P) Tony's Cheese Pizza Squares (V) Turkey Chef Salad Macaroni & Cheese (V) Green Beans Carrot/Celery Sticks w/Ranch Apple Wedges* Diced Pears	Baked Spaghetti Smart Mouth Cheese Pizza (V) Crispy Chicken Wrap Sweet Peas Spinach Side Salad Broccoli Cheddar Soup Fresh Oranges Slices Pineapple Tidbits	Chicken Alfredo Smart Mouth Pepperoni Pizza (P) Yogurt & Fruit Plate (V) Roasted Broccoli Steamed Carrots Side Salad Broccoli Cheddar Soup Grapes Applesauce	Teriyaki Chicken Chicken Tenders Cobb Salad (P) Pineapple Fried Rice Steamed Cabbage^ Carrot Sticks w/Ranch Broccoli Cheddar Soup Fresh Pear Mandarin Oranges	Meatloaf w/ Breadstick Smart Mouth Cheese Pizza (V) Turkey Slider Mashed Potatoes w/gravy Maple Carrots Green Beans Baked Spiced Apples Fresh Assorted Fruit Chocolate Chip Cookie
27	28	29	30	31
Crispy Chicken Sandwich Tony's Cheese Pizza Squares (V) Turkey Chef Salad Steamed Corn Lettuce/Tomato/Pickles Cucumbers w/Ranch Apple Wedges* Diced Pears	Salisbury Steak w/ gravy Smart Mouth Cheese Pizza (V) Crispy Chicken Wrap Rice w/Gravy Green Beans Side Salad Loaded Potato Soup Fresh Oranges Slices Pineapple Tidbits	Cheeseburger Smart Mouth Pepperoni Pizza (P) Yogurt & Cheese Plate (V) Baked Beans Sweet Potato Fries Lettuce/Tomato/Pickle Loaded Potato Soup Grapes Applesauce	BBQ Baked Chicken w/Breadstick Chili Cheese Nachos Cobb Salad (P) Steamed Cabbage^ Maple Carrots Spinach Salad Loaded Potato Soup Fresh Pear Mandarin Oranges	Crispy Beef Tacos Smart Mouth Pepperoni Pizza (P) Turkey Sliders Pintos Beans Roasted Corn Side Salad Spiced Baked Apples Fresh Assorted Fruit Oatmeal Raisin Cookie

^Palmetto Pick of the Month: Cabbage \*SC Certified Product Contains Pork (P) Lacto-Ovo Vegetarian (V)

\*SC Certified- other Fruits and Vegetables that may be SC Certified could include Strawberries, Cucumbers, Cauliflower, Tomatoes, Lettuces & Cabbage (V) Unless otherwise indicated, all fresh & prepared side vegetables and fruits are Lacto-Ovo Vegetarian

#Salad Bar available to 3<sup>rd</sup> grade students at some schools

Make payments easily and securely on [LunchPrePay.com](http://LunchPrePay.com)

School News: Every day for Lunch choices include a traditional entrée & Low-fat options. Side items include a variety of fresh & prepared fruits, assorted vegetables & side salads and choice of milk. Menu subject to change due to availability of items.

Spartanburg School District Six does not discriminate on the basis of race, age, sex, color, religion, national origin, immigrant status, English speaking status, veteran status disabilities in the provision of educational opportunities and benefits.



cabbage

